

Share

Joy

and give someone the
Best Day Ever!

1. Send a thank you note for Christmas present(s)
2. Smile, and hold the door open for someone
3. Work on your listening skills this week – REALLY listen
4. Leave extra pennies on the pony ride at Meijer
5. Visit or send a card / flowers to someone that needs a pick-me-up
6. Let someone go in front of you in line
7. Connect with a single parent / single person
8. Have a totally tech-free night (put the phones down)
9. Tell your boss something positive about a coworker
10. Pay for the person behind you in line or the drive-thru
11. Go to bed earlier this week for the hour you lost
12. Reach out and mend a strained relationship / clear up a misunderstanding
13. Park further out to save a close parking space for another
14. Tape a bag of microwave popcorn to a Redbox machine
15. Offer to volunteer / serve in some capacity
16. Text an encouraging message to someone in your contacts
17. Invite someone to church for Easter
18. Return a shopping cart to its proper place
19. Do something special for a teacher
20. Say thank you to someone in law enforcement
21. Invite a new coworker to lunch with your group of friends
22. Tell your kids the story of the day they were born, then grab dessert to celebrate
23. Double your tip at a restaurant
24. Be intentionally positive on social media
25. Create a "Mailbox Memory" by sending a note of encouragement in the mail
26. Offer to help, or run an errand, for a busy friend
27. Thank a Veteran
28. Pay for the person behind you in line (drive-thru, toll booth, etc.)
29. Take bottled water to construction or lawn care workers
30. Leave a note of encouragement on someone's car
31. Hold your tongue! Make this no complain week!
32. Send dessert to someone at a restaurant
33. Visit or call your parents
34. Buy lemonade at a lemonade stand (or host one and donate the money to charity)
35. Report great service to a manager
36. Text a childhood memory to a sibling
37. Offer to run an errand for a friend
38. Do something special for a bus driver
39. Leave a gas card taped to a gas pump
40. Write a note of encouragement to your Pastor/Youth Leader
41. Plan a date night
42. Bring in treats for the office or the school staff
43. Return a shopping cart to its proper place
44. Sit down with a family member and look at photos
45. Clean the snow off someone else's car/driveway
46. Write down the things your family is thankful for and share them
47. Because you're blessed, support a charity that blesses those in need
48. Offer to help put Christmas decorations up for a neighbor in need
49. Pay for the person behind you in line or in the drive-thru
50. Spread Cashier-Cheer! Thank a cashier for their work instead of complaining
51. Invite someone to church for Christmas
52. Review your year and make a plan for how to make next year even better